

St. John Fisher Elementary School

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IT'S BACK-TO-SCHOOL TIME FOR HEAD LICE TOO!

Head lice have been around for a long time and they are not about to disappear any time soon. Every year, thousands of children across Quebec start vigorously scratching the backs of their heads and behind their ears. And that's just the tip of the iceberg! It's a sign that head lice are back. We have to be ready to find them so we can control their spread and transmission. Prevention and control of head lice is another important part of our back-to-school routine.

Checking for Head Lice

Get a nit comb (a comb which is designed to remove head lice and available at very low cost at pharmacies) and get in the habit of checking your child for lice every week. This will help you recognize and begin treating an infestation early and limit the spread in your home and school.

During the school year, your child may be checked for lice by school personnel (school secretary, school nurse, daycare coordinator, school principal, etc.). Rest assured that head checks for lice are done with respect and in confidence and any positive results will be communicated to you. If you are not in agreement that school personnel check your child's head for lice, please advise the school in writing.

Future letters

During the school year, you may receive letters informing you that another student has head lice. Please follow the recommendations in these letters in order to prevent further spread. The cooperation of parents is crucial in preventing and controlling head lice.

Thank you for your attention to this message.

Jill Sockett School Nurse Patrice Delage Principal Jr School Deborah Shizgal Principal Sr School