

January 10, 2022

Dear SJFS Community,

Welcome Back and Happy New Year! We hope you enjoyed your holidays with family and friends as much as we did.

A few reminders:

- 1) Work-life balance:
 - a) Given the number of students and needs and respecting work-life balance, please note that a 48-hour delay in response to an email or phone call is reasonable.

- 2) Changes in Dismissal Routine:
 - a) Please, unless absolutely necessary, do not make changes to your child's dismissal routine. These changes can lead to safety concerns, especially when there are a number of last-minute requests. If you must make changes please send an email to the teachers in the To area of the email and copy the office (Miss Aimee), myself (Mme Herault) and Miss Laura in the cc area of the email. This way there is more of a chance that someone will see the email. As well, request a confirmation of receipt so you know that arrangements have been made.

- 3) Buses:
 - a) When the school board receives information of a delay greater than 15 minutes the information is posted in the **Bus Transportation Alerts** area of the school board website <https://busplanner.lbpsb.qc.ca/Alerts>

- 4) Winter wear:
 - a) Please be reminded that winter is still here and students must come to school dressed to play outside: boots, snow pants, mitts, scarves, etc. Where and how they play could be restricted if they are not. As well, they will be wet and cold if they are not dressed appropriately.

- 5) Shoes:
 - a) Please ensure that you have sent your child back to school with their shoes as some of them are having to wear boots. They will need reminders.

- 6) Mozaik and/or absence line:
 - a) When reporting an absence, if you wish the staff to have details beyond 1 line of information, a separate email or note must be sent as well

7) COVID:

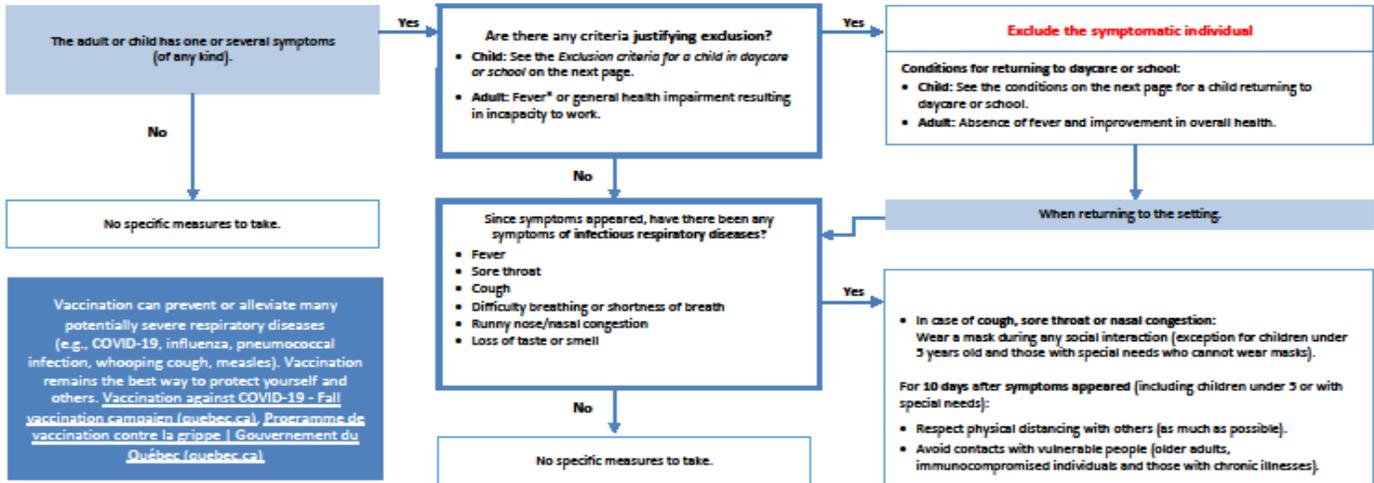
a) Please consult the most recent documentation for protocols to be respected

DIRECTIVES FOR PEOPLE WITH SYMPTOMS IN DAYCARES AND SCHOOLS

Produced by the infection prevention and control in people aged 0 to 25 years team, youth sector, Direction régionale de santé publique de Montréal

2023-01-05 version

The following directives aim to limit the spread of COVID-19 and other infectious respiratory diseases in daycares and schools. The right infection prevention and control practices are essential at all times to reduce the risks of transmitting infectious diseases.



For an adult or child whose COVID-19 test result is positive (with or without symptoms)

Stay home if you have fever.*

For a child, see the *Exclusion criteria for a child in daycare or school* on the next page.

Even if there are no symptoms, the person can be contagious for up to 10 days after the date of the test. The following good practices can help reduce the transmission of the virus:

- Wear a mask during any social interaction (exception for children under 3 years old and those with special needs who cannot wear masks).
- Respect physical distancing (as much as possible).
- Avoid contacts with vulnerable individuals (older adults, immunocompromised individuals and those with chronic illnesses).
- Avoid non-essential social events.
- Opt for remote activities (e.g., telework).
- Tell the people you are in contact with that you might be contagious.

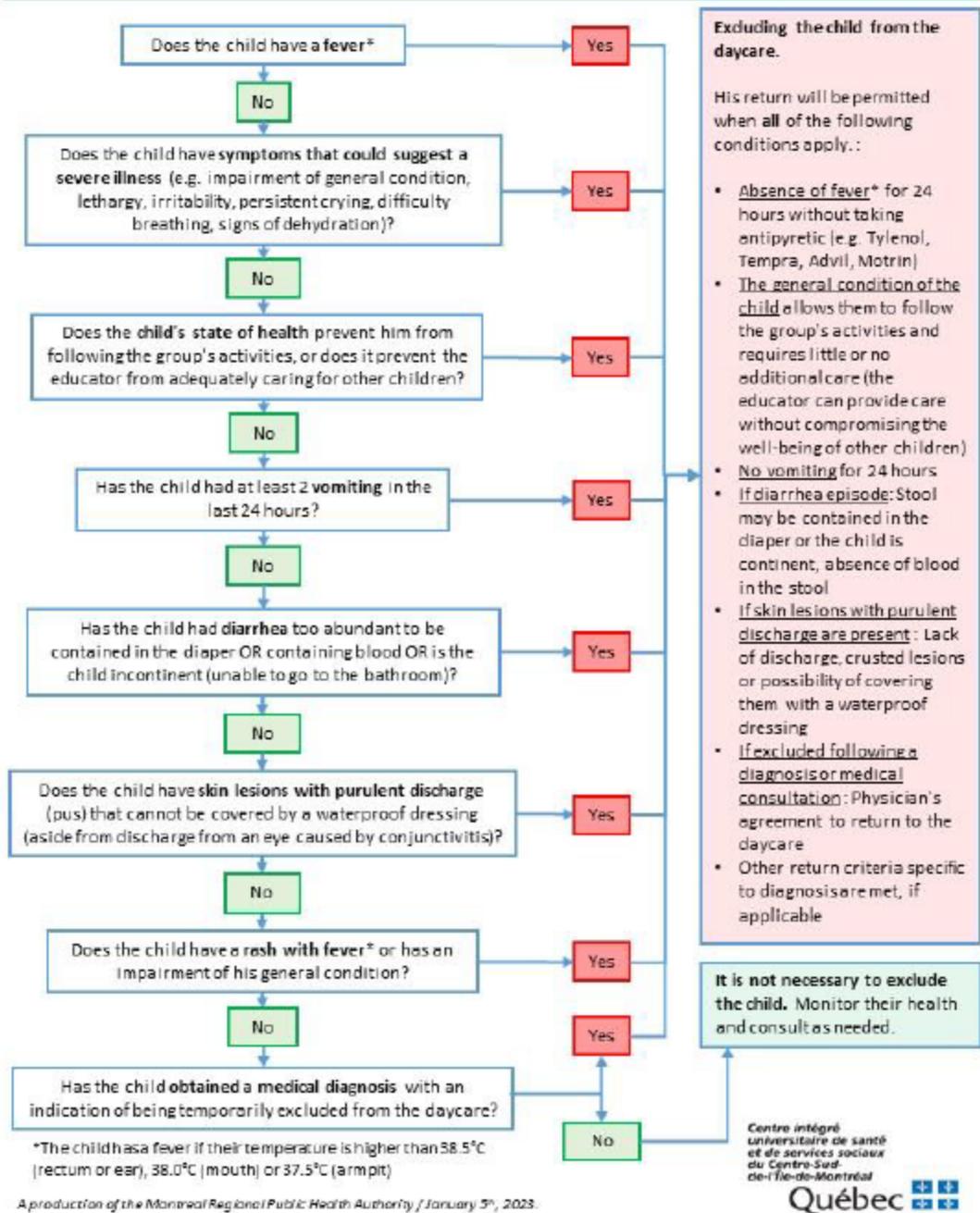
If a child has symptoms and is under 5 years old or has special needs and cannot wear a mask, it is a good practice that anyone who provides care wear a mask and wash their hands frequently.

* Fever if temperature is equal to or over

- Adult:
 - Oral (mouth) 38,0 °C ou 100,4 °F
- Child:
 - Oral (mouth) 38,0 °C ou 100,4 °F
 - Rectal (rectum) 38,5 °C ou 101,3 °F
 - Tympanic (ear) 38,5 °C ou 101,3 °F
 - Axillary (armpit) 37,5 °C ou 99,0 °F

Criteria for excluding a child from a daycare or a school

The COVID-19 pandemic has brought big changes in the management of respiratory infections. The health system having been greatly affected by this pandemic, additional measures (e.g. adding a 24-hour period without fever and without taking antipyretics before a child returns to daycare) could be recommended by ministerial authorities during periods of increased circulation of respiratory viruses.



Thank you and have a great day,

Stephanie Héroult