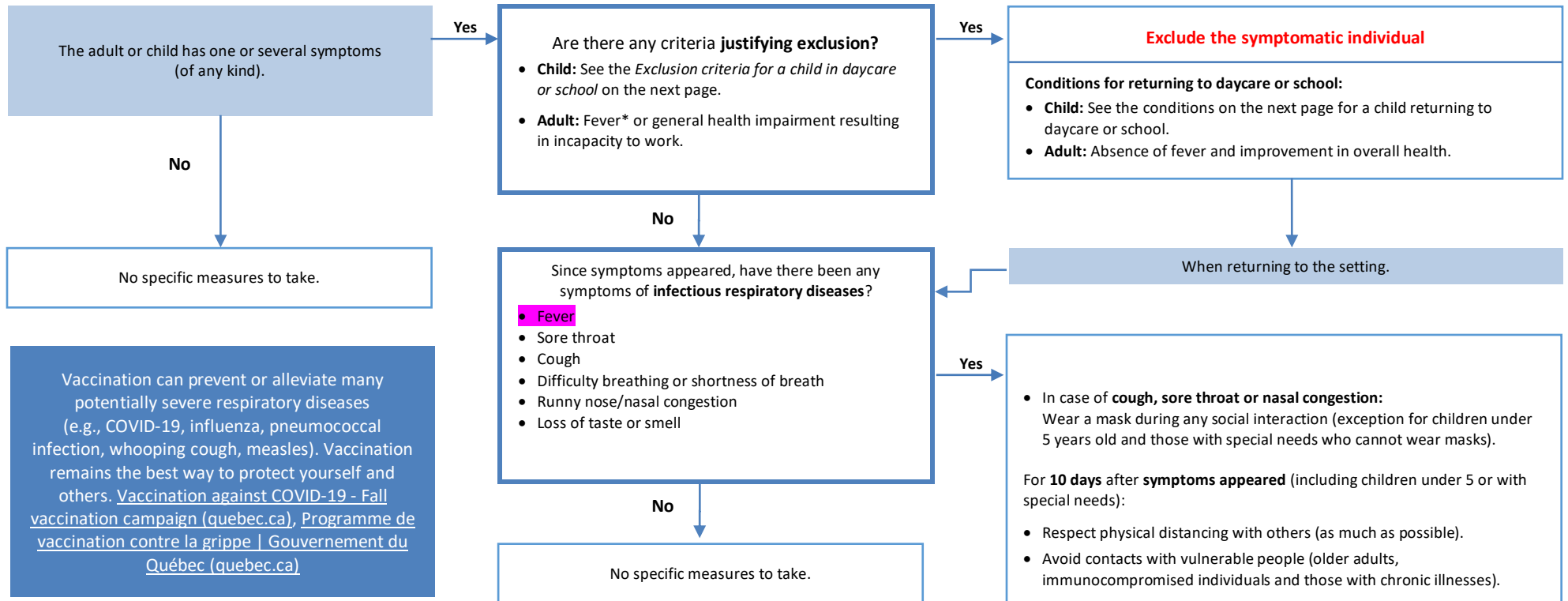


DIRECTIVES FOR PEOPLE WITH SYMPTOMS IN DAYCARES AND SCHOOLS

Produced by the infection prevention and control in people aged 0 to-25 years team, youth sector, Direction régionale de santé publique de Montréal

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The following directives aim to limit the spread of COVID-19 and other infectious respiratory diseases in daycares and schools. The right infection prevention and control practices are essential at all times to reduce the risks of transmitting infectious diseases.



For an adult or child whose COVID-19 test result is positive (with or without symptoms)

Stay home if you have fever.*

For a child, see the *Exclusion criteria for a child in daycare or school* on the next page.

Even if there are **no symptoms**, the person can be contagious for up to **10 days** after the date of the test. The following good practices can help reduce the transmission of the virus:

- Wear a mask during any social interaction (exception for children under 5 years old and those with special needs who cannot wear masks).
- Respect physical distancing (as much as possible).
- Avoid contacts with vulnerable individuals (older adults, immunocompromised individuals and those with chronic illnesses).
- Avoid non-essential social events.
- Opt for remote activities (e.g., telework).
- Tell the people you are in contact with that you might be contagious.

If a child has symptoms and is under 5 years old or has special needs and cannot wear a mask, it is a good practice that anyone who provides care wear a mask and wash their hands frequently.

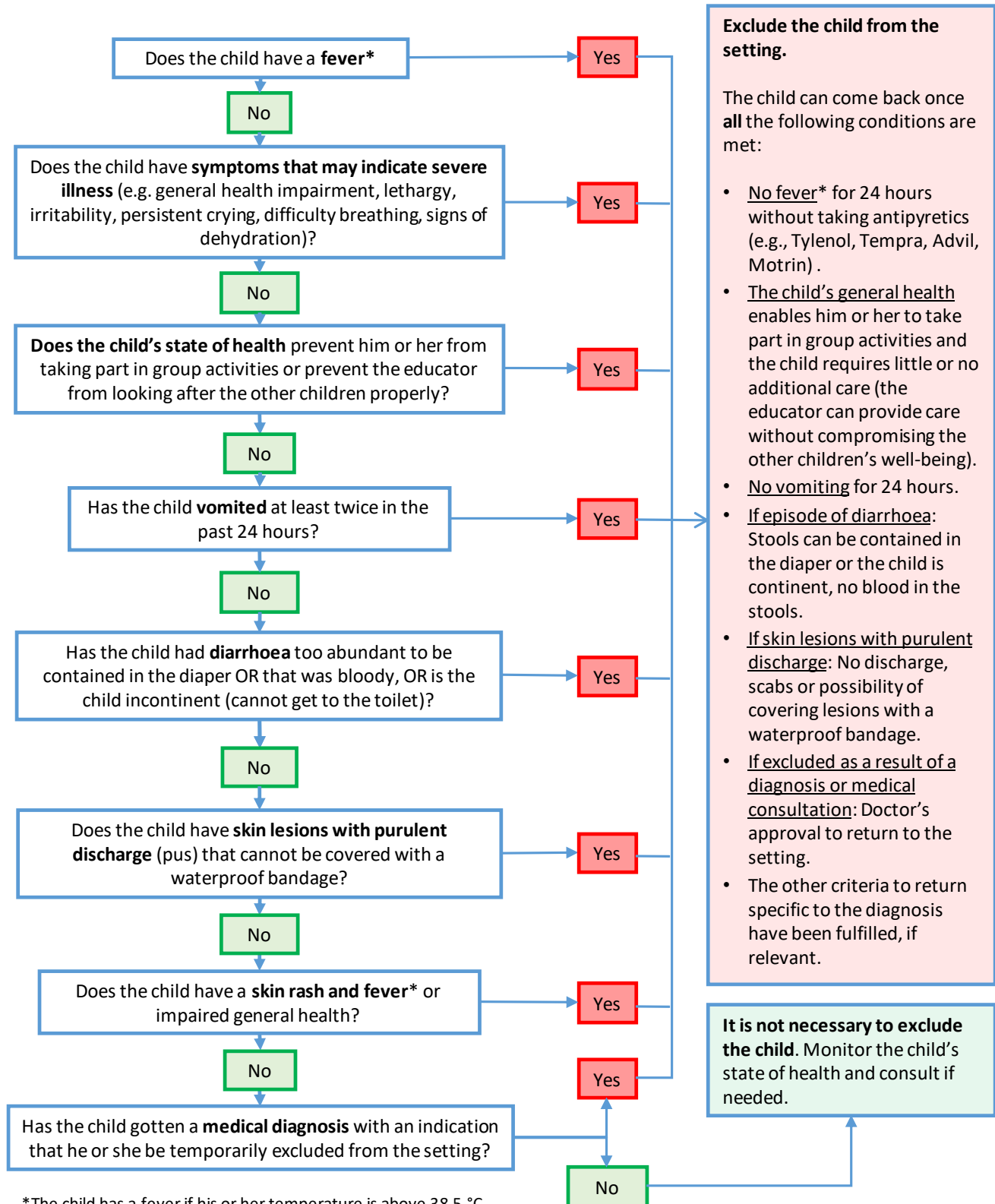
* Fever if temperature is equal to or over

- **Adult:**
 - Oral (mouth) 38,0 °C ou 100,4 °F
- **Child:**
 - Oral (mouth) 38,0 °C ou 100,4 °F
 - Rectal (rectum) 38,5 °C ou 101,5 °F
 - Tympanic (ear) 38,5 °C ou 101,5 °F
 - Axillary (armpit) 37,5 °C ou 99,0 °F

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Exclusion criteria for a child in daycare or school



Exclude the child from the setting.

The child can come back once **all** the following conditions are met:

- No fever* for 24 hours without taking antipyretics (e.g., Tylenol, Tempra, Advil, Motrin) .
- The child's general health enables him or her to take part in group activities and the child requires little or no additional care (the educator can provide care without compromising the other children's well-being).
- No vomiting for 24 hours.
- If episode of diarrhoea: Stools can be contained in the diaper or the child is continent, no blood in the stools.
- If skin lesions with purulent discharge: No discharge, scabs or possibility of covering lesions with a waterproof bandage.
- If excluded as a result of a diagnosis or medical consultation: Doctor's approval to return to the setting.
- The other criteria to return specific to the diagnosis have been fulfilled, if relevant.

It is not necessary to exclude the child. Monitor the child's state of health and consult if needed.

*The child has a fever if his or her temperature is above 38.5 °C (rectum or ear), 38.0 °C (mouth) or 37.5 °C (armpit)